



SENIOR NEWS

Every Student, Every Opportunity, Success for All

PRINCIPAL'S REPORT

HPE Week

Last week the College participated in National Health and Physical Education Week. The event is aimed to raise awareness of the value of HPE in the Australian Curriculum. This is the third consecutive year that ACHPER have run the event. Students were encouraged to participate in activities before school and during Recess and Lunch. I would like to take this opportunity to thank Jess Harris, Health and Physical education teacher for making the week long event such a success.

Year 12 Valedictory

The College year 12 Valedictory is on Wednesday October 21st this evening is a celebration of their thirteen years of schooling and achievements. The year 12 student and their parents and guardians have been invited to the formal Valedictory and have had the opportunity to purchase tickets to the event over the past few weeks. The valedictory evening is held this Wednesday October 21 at the Albury Performing Arts Centre. On Thursday and Friday this week photos and a video of the evening can be found on the College Facebook page and website.

Facebook Page: <https://www.facebook.com/WodongaSeniorSC>

More Information is available on the College website: <http://www.wssc.vic.edu.au/?p=25258>

Kaleidoscope Art Exhibition

Last Friday (October 16) the College held its annual Kaleidoscope art exhibition, this event showcases student artwork produced throughout the year as part of their art classes. This year the invitation artwork was produced by year 12 student Imogen Stuart.

Photos and video from the Event can be found on the College Facebook page and website.

Facebook Page: <https://www.facebook.com/WodongaSeniorSC>

Year 12 Students Last Week

Tuesday the 20th of October will be the last day of formal classes at Wodonga Senior Secondary College for the Year 12 class of 2015. At the beginning of the day all students are required to attend a whole school assembly in Galvin Hall, students are to be seated before 8:55. All students must attend wearing full unaltered school uniform. Following the whole school assembly in period 1 the year 12 students will be conducting their own assembly which will run during period 2. While it is a time for celebration, we would like to take this opportunity to reinforce the College's expectations. Students are reminded that all normal school expectations and policies need to be adhered to. These can be viewed on the College website.

For more information and to read the full article visit the College website: <http://www.wssc.vic.edu.au/?p=25339>

*Vern Hilditch
Principal*

ISSUE NO: 35

**Monday 19th
October 2015**

CALENDAR

Tuesday 20th October

Whole School Assembly

Tuesday 20th October

Year 12 Students Last Day of classes

Wednesday 21st October

Year 12 Valedictory

November 12 to November 19

Year 10/11 Exams

TERM DATES

Term 1

29th January - 27th March

Term 2

13th April—26th June

Term 3

13th July—18th September

Term 4

5th October - 18th December

YEAR LEVEL COORDINATORS

Year 10 Coordinators

Tim Lamb
Brydie Hind
Tim Bridgeman

Year 11 Coordinators

Chris North
Simon Webb

Year 12 Coordinators

Matt Moylan
Naomi Wattie
Paul McMullen

HEALTH AND PHYSICAL EDUCATION WEEK

During Week 2, Term 4, Wodonga Senior Secondary College students and staff celebrated Health and PE week, a week where we took the time to think about our own health and how we can improve it by getting involved in physical activity and eating well. We also thought about our mental health and tried to de-stress whenever we could. Many of the staff at the school organised a range of different health focused activities, and students got involved with these activities.

During Recess each day, the Flying Fruit Fly Circus students taught staff and students a range of different circus skills including juggling, hula hoops, spinning plates and yo-ho diablo.

Each lunchtime there were a range of activities, including a de-stress session and a basketball shootout on Monday; Congratulations to Kobe Campbell who took out the 3-point challenge. On Tuesday the activities included a round robin of table tennis and art for mindfulness as well as a downball competition which was very popular.

Wednesday was Ride2Work day, and there were giant lawn games outside at lunchtime, as well as an indoor soccer session. Students also got involved in interactive games on the iPad and the Nintendo Wii Sports games.

Thursday, we opened our school to local primary schools for their sporting 'Gala day', as well as archery on the oval, an international rules game and a movie about a man's musical journey and how music aided his health. Friday included a de-stress meditation and Yoga session and giant lawn games.

There was also healthy fruit available around the school and the staff had a special healthy morning tea on Thursday to celebrate this important week, and all of the hard work that many staff and students put in to make this week such a success.

Our efforts were acknowledged by the Victorian ACHPER branch, who recognised our school's HPE Week program as the best program in Victoria, and our school was awarded a \$500 cheque, courtesy of Fitnessworx Australia. This will go towards a new piece of sporting equipment that all students will be able to use, to promote physical activity.

*Jess Harris
HPE Teacher*

