

CAREERS NEWS TERM 2 WEEK 9

Hello from the Careers@WSSC Team!

We have seen a huge increase in Careers Conversations happening at home as a result of COVID-19 and remote learning. This has been so wonderful, and we encourage these conversations to continue happening! Parents are an influential part of the decisions a young person makes around their career pathway, and we want to give you some tips and tricks to help you talk to your child about their future pathways.

How many of you:

- Knew at 16 years of age what you wanted to pursue?
- Are doing now what you thought you wanted to do when you were 16?
- Made important career decisions based on researching and reading labour market information?
- Are where you are now, at least in part, because of a chance encounter or unplanned event?

We ask our young people to make some very important decisions about their futures and expect them to know all the answers. In reality, many young people don't know what they want to do, and this is ok! What is important is that we're having regular Career Conversations to help them along this journey. The Careers@WSSC Team focus on a set of HIGH 5 Career Development Messages to help parents have these conversations at home:

- 1. Change is Constant** - We change, our world changes, our situation changes, the world-of-work changes – all at a phenomenal pace.
- 2. Learning is Ongoing** - Learning doesn't stop when we leave School/TAFE/University – learning is ongoing.
- 3. Focus on the Journey** - If we are too focused on the destination we can miss opportunities along the way. Our career is a lifelong journey with no fixed destination.
- 4. Follow your Heart** - Be true to yourself – have career integrity. We need to combine the things that are important to us with earning a living and/or studying.
- 5. Access your Allies** - Our career journey is a team effort – you will progress as much by who you know as what you know.

Having Career Conversations at home with your child helps them to navigate the world after school. These HIGH 5 messages help young people understand the changing world in which we live and help them to identify their strengths and values linking them to potential career options.

Practice makes perfect! So get practising your Career Conversations at home! Get excited, get involved and most importantly get informed! Drop into the Careers Office (C17) to make an appointment, or email us: careers@wssc.vic.edu.au

Pathways & Careers Team @ WSSC